



On behalf of the DMNB Student and Resident Affairs team,

Welcome!

We are excited to get to know you and for you to get to know our DMNB Student and Resident Affairs team. We provide confidential individual appointments and encourage you to connect with us early on to explore resources in the domains of wellness, academics, career planning, and financial matters.

Medical school may be the first time you consider connecting with a support service like ours. We hope to build trusted and enduring relationships with you to help you navigate the journey through any ups and downs. Common reasons why learners may reach to us include managing stress, academic difficulty, personal wellbeing, financial questions, and career planning questions. By learning together as peers in a variety of formats and being open to approaches, you will develop vital skills in collegiality, communication, giving and receiving feedback, and professionalism. We will present various small group and full class sessions to you over the years and welcome your feedback as you go.

Collectively, at Dalhousie Medicine New Brunswick, we will build a sense of inclusiveness and community through sharing of experiences and insights to help you thrive in medical school. Please drop by our office on campus or explore our website for more detailed information on how Student and Resident Affairs may work alongside you these next years.

Reach out early, reach out often — we are here for you!

Lisa Sutherland, MD, CCFP, FCFP (she/her)

Assistant Dean DMNB Student and Resident Affairs

FACULTY OF MEDICINE | Dalhousie Medicine New Brunswick

100 Tucker Park Road | Saint John, NB E2L 4L5 Canada

Mobile 506.643.1431 | lisa.sutherland@dal.ca